

SBOA SCHOOL & JUNIOR COLLEGE CHENNAI-101

Department of Physical Education Special Coaching Details

(Saturday & Sunday)

1. Duration of the Course :- (July 2017 to February 2018)
:- (Each game Rs. 5600/- for 8 months per month 700/- per game per student)
2. Coaching fee

S.NO	NAME OF THE GAME	ELIGIBILITY STD	TIME & DAY
1	Badminton (boys & girls)	IV to VII	4.00 p.m to 5.30 p.m (Saturday) 8.00 a.m to 9.30 a.m (Sunday)
2	Taekwonda (boys & girls)	LKG & above	4.00 p.m to 5.30 p.m (Saturday) 7.00 a.m to 8.30 a.m (Sunday)
3	Foot Ball (Boys)	III to V	6.30 a.m to 8.00 a.m (Saturday) 6.30 a.m to 8.00 a.m (Sunday)
4	Basket Ball (boys & girls)	III to V	4.00 p.m to 5.30 p.m (Saturday) 4.00 p.m to 5.30 p.m (Sunday)
5	Cricket (Boys)	IV to VIII	1.30 p.m to 3.00 p.m (Saturday) 8.00 a.m to 9.30 a.m (Sunday)
6	Volley Ball (Boys & Girls)	IV to VIII	4.30 p.m to 6.00 p.m(Saturday) 6.30 a.m to 8.00 a.m(Sunday)
7	Gymnastics	LKG to V	8.00 a.m to 9.30 a.m (Saturday) 8.00 a.m to 9.30 a.m (Sunday)
8	Chess	III to VIII	4.00 p.m to 5.30 p.m (Saturday) 8.00 a.m to 9.30 a.m (Sunday)
9	Roller Skating (Boys & Girls)	LKG & above	6.30 a.m to 8.00 a.m. (Saturday) 6.30 a.m to 8.00 a.m. (Sunday)
10	Mallakamph (Boys) Rope Yoga (Girls)	III to VIII	6.30 a.m to 8.00 a.m. (Saturday) 6.30 a.m to 8.00 a.m. (Sunday)

Note:- If there is no school on **Saturday** the Classes will be Conducted in the morning

8.00 a.m to 9.30 a.m. (**Cricket and Badminton** only).

Last Date for Registration : 15-07-2017
(at our school office)

V. Senthil Kumar
Physical Director

Radhika Unni
Principal