

SBOA SCHOOL & JUNIOR COLLEGE CHENNAI-101

Department of Physical Education Special Coaching Details

(Saturday & Sunday)

1. Duration of the Course :- (November 2016 to February 2017)
2. Coaching fee :- (Each game Rs. 2400/- for 4 months)

S.NO	NAME OF THE GAME	ELIGIBILITY STD	TIME & DAY
1	Badminton (boys & girls)	IV to VII	4.00 p.m to 5.30 p.m (Saturday) 7.00 a.m to 8.30 a.m (Sunday)
2	Tackwonda (boys & girls)	LKG & above	3.30 p.m to 5.00 p.m (Saturday) 7.00 a.m to 8.30 a.m (Sunday)
3	Foot Ball (Boys)	III to V	4.00 p.m to 5.30 p.m (Saturday) 4.00 p.m to 5.30 p.m (Sunday)
4	Basket Ball (boys & girls)	III to V	4.00 p.m to 5.30 p.m (Saturday) 4.00 p.m to 5.30 p.m (Sunday)
5	Cricket (Boys)	IV to VIII	1.30 p.m to 3.00 p.m (Saturday) 8.00 a.m to 9.30 a.m (Sunday)
6	Volley Ball (Boys)	IV to VIII	4.30 p.m to 6.00 p.m(Saturday) 4.30 p.m to 6.00 p.m(Sunday)
7	Volley Ball (Girls)	IV to VIII	6.30 a.m to 8.00 a.m. (Saturday) 6.30 a.m to 8.00 a.m. (Sunday)
8	Hockey (Boys)	V to IX	6.30 a.m to 8.00 a.m. (Saturday) 6.30 a.m to 8.00 a.m. (Sunday)
9	Gymnastics	LKG to V	8.00 a.m to 9.30 a.m (Saturday) 8.00 a.m to 9.30 a.m (Sunday)
10	Chess	III to VIII	4.00 p.m to 5.30 p.m (Saturday) 8.00 a.m to 9.30 a.m (Sunday)
11	Yoga	III & above	6.30 a.m to 8.00 a.m. (Saturday) 6.30 a.m to 8.00 a.m. (Sunday)
12	Hand Ball (Boys)	V to VIII	3.00 p.m. to 4.30 p.m(Saturday) 6.30 a.m to 8.00 a.m. (Sunday)

13	Roller Skating (Boys & Girls)	LKG & above	6.30 a.m to 8.00 a.m. (Saturday) 6.30 a.m to 8.00 a.m. (Sunday)
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**Note:- If there is no school on Saturday the Classes will be Conducted in the morning
8.00 a.m to 9.30 a.m. (Cricket and Badminton only).**

(Radhika Unni)

Principal